



## OVER THE RAINBOW

Children's Advocacy Center

# CAC Newsletter

[www.overtherainbowcac.org](http://www.overtherainbowcac.org)



## Message from the Board of Directors

In October, Dianne Kelso, who guided Over the Rainbow Children's Advocacy Center since it opened in 2015, passed the leadership baton to Becky Voss. Voss has served as the forensic interviewer at Over the Rainbow since 2015 and has been an integral part of the growth and development of the center. "We are very grateful for the hard work Dianne Kelso has given to get us to this point and are sad to see her go, and we wish her the very best in her next endeavor. We are nonetheless extraordinarily excited that Becky Voss will be ushering Over the Rainbow into the next phase of growth and development. Her depth of knowledge and experience within the world of Children's Advocacy Centers is unmatched in our region, so we are truly blessed to have Becky as the new captain of our ship," said Board President and District Attorney, Matt Fogal.

At Over the Rainbow, Voss will oversee operations at the center which serves survivors of child abuse crimes and she will also guide partnering agencies to work collaboratively. "I am looking forward to building upon the services and programs that align with the center's mission and vision," Voss said. Voss, who achieved her master's degree in social work at Shippensburg University, has more than 15 years of experience in helping children affected by sexual abuse. She has attended trainings throughout the United States related to child advocacy and has led several trainings on behalf of childcare organizations.

"The CAC belongs to the community," Voss said. "Our goal is to not only engage the community in learning about child abuse issues but work alongside us in creating safer environments and communities for our most vulnerable citizens."

## Service Spotlight: Prevention Education

Prevention education often refers to comprehensive education with a focus on addressing the root cause of a problem. This is a proactive way to have individuals, families and communities work together to promote healthy relationships, safe environments and prevent child abuse. Child abuse or child maltreatment can be associated with adverse physical and mental health of a child and family, which those negative effects can last a lifetime. Prevention is essential for stopping the cycle of abuse. Many people might ask, how can child abuse be prevented? The answer is simple. Child abuse is 100% preventable by becoming familiar with the warning signs, attending trainings and sharing resources to engage families with their communities. Research shows that parents and caregivers who have support—from family, friends, neighbors, and their communities—are more likely to provide safe and healthy homes for their children.

The staff at Over The Rainbow Children's Advocacy Center (OTR-CAC) are available to provide education and training programs related to Child Abuse issues. These instructional programs are designed to provide children, teens and adults with developmentally appropriate knowledge related to the occurrence and identification of child abuse along with prevention and intervention strategies. It is our belief that proactively addressing these needs will lead to the future well-being of the children and families in our community. For more information on education and training programs offered by OTR-CAC please contact 717-504-8491.

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## Service Expansion

Many children who receive services at the center may experience trauma symptoms as a result of child abuse. These symptoms are a normal response to processing what they have experienced. This can include nightmares, difficulty concentrating, depression, anxiety and difficulty sleeping.

Evidence based, trauma informed services are the best approach to helping children develop coping skills and process.

We are excited to announce a continued partnership with Keystone Behavioral Health that will help more children to receive these services. Beginning in February, a mental health clinician will be onsite at the center to provide therapeutic services to children seen at the center.

## Board of Directors

2020

Matthew Fogal, President  
 Dave Rush, Vice President  
 Natalie Lehman, Treasurer  
 Alice Hawbaker, Secretary  
 Doug Amsley  
 April Braxton  
 Dustin Haluska  
 Barbara Rossini

### Meet The Board Natalie Lehman Tax Advisor SEK, CPA & Advisors



#### Tell us about your career and your professional path?

I attended Duquesne University and Shippensburg University and have a bachelor's degree in accounting and finance. I became a CPA after graduation and am currently a manager in the tax department at Smith, Elliott, Kearns & Company. My career focus is small business and individual taxation. I enjoy working with clients to provide tax services, as well as advisory services to assist in their business development, tax planning and personal financial goals.

#### What motivated you to become involved with the board of directors at Over the Rainbow CAC?

I have been involved with Exchange Club for many years, whose mission is the prevention of child abuse and have always felt strongly about the need and responsibility to protect children. There has been discussion for many years about the need in our community for an organization and facility like Over The Rainbow CAC and I felt privileged to work with my fellow board members, both past and present, to make that need a reality and to continue to ensure its viability.

#### What do you feel is the best way you can impact Over the Rainbow as a board member?

My skills are definitely in the financial area, so I feel that my contribution as the treasurer of Over The Rainbow is the best way I can personally make an impact on the success of the organization. I also believe strongly in the organization and love to share the mission of Over The Rainbow.

#### If you had to share one thing with a member of the community about Over the Rainbow, what would it be?

I would share the importance of having a place like Over The Rainbow Children's Advocacy Center for the victims of child abuse to make the most difficult task of reporting abuse a little less traumatic and to assist in taking the first step in the healing process.

#### Besides your involvement with Over the Rainbow, how else do you stay involved with the community?

I am a member of the Exchange Club of Chambersburg and the treasurer for Council For The Arts.

#### What do you think our society needs to do as a whole to allow the best opportunity to decrease the amount of child abuse cases?

I feel that the adults of our society need to take responsibility for reporting, protecting and defending our smallest citizens. No child should endure abuse at the hands of an adult that goes unreported by someone who suspects or knows of that abuse. The fear of speaking out should not prevent someone from doing so. Too often abuse goes unreported by adults that are aware of that abuse and results in continued abuse or additional victims. We all need to take responsibility for reporting suspected or known abuse, as well as acting as a support for others that may be too fearful to make those reports. The right thing to do is not always the easiest thing to do.

## A Special Thank You to our Donors

315 children and families received services at the Children's Advocacy Center in 2019.

As an independent nonprofit, the children's advocacy center relies on the generosity of it's donors. We would like to extend a Thank You to the individuals, organizations and businesses that have made a donation. These donations help us to continue to provide these valuable services.



## Recent Events

**Halloween Party** - The 5th Annual Halloween Party netted \$35,022.17 for CAC programs. Thank you to our fundraising committee members, sponsors, in-kind donors and attendees for making this a successful event!



Monetary donations are greatly appreciated and will help to ensure that Over the Rainbow Children's Advocacy Center continues to be able to provide every child abuse victim with the services and support they deserve in order to lessen the trauma of abuse. 100% of your donation stays with the center. To donate go to our website at [www.overtherainbowcac.org](http://www.overtherainbowcac.org) or contact the center directly at 717-504-8491.